The Sunken Place:
Using the F.I.G.H.T. Model to Engage, Empower, and Educate
Discussion Question

What is the Sunken Place?
The Sunken Place Defined

"[The Sunken Place] means we're marginalized. No matter how hard we scream, the system silences us."
~ Jordan Peele, Get Out Director & Writer
In Higher Education

The Sunken Place means that a student finds themselves trapped in a relative state of existence where their voice is silenced and they experience a perpetual state of helplessness.
Discussion Question

What Systems Do Our Students Face?
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The Sunken Place

What Do You See?

Characteristics of The Sunken Place

Discussion Question
What Do You See?
Discussion Question

If you could breakdown the Sunken Place in stages, what would they be?
Characteristics of The Sunken Place
Characteristics of The Sunken Place

Arrival happens quickly.
Characteristics of The Sunken Place

Descent begins with **distractions**.

Arrival happens **quickly**.
Characteristics of The Sunken Place

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Descent begins with distractions.

The key to entry: focusing on perceived failures.
Characteristics of The Sunken Place

Descent begins with distractions.

Some try to rationalize their uneasiness.

Arrival happens quickly.

The key to entry: focusing on perceived failures.
Characteristics of The Sunken Place

- Arrival happens **quickly**.
- Descent begins with **distractions**.
- The key to entry: focusing on **perceived failures**.
- Some try to **rationalize** their uneasiness.
- It **paralyzes** the student.
Characteristics of The Sunken Place

- Arrival happens quickly.
- Descent begins with *distractions*.
- The key to entry: focusing on *perceived failures*.
- Some try to *rationalize* their uneasiness.
- It *paralyzes* the student.
- It *robs* the student.
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The F.I.G.H.T. Model

What is the F.I.G.H.T. Model?

Steps of the F.I.G.H.T. Model
What is the F.I.G.H.T. Model?

It's not new.

Used to enhance your personal philosophy, not replace it.

Establishing a student's self-interest is paramount to its success.
Steps of F.I.G.H.T. Framework
Steps of F.I.G.H.T. Framework

Find out where they are.
Steps of F.I.G.H.T. Framework

Integrate them into the planning process.

Find out where they are.
Steps of F.I.G.H.T. Framework

Integrate them into the planning process.

Find out where they are.

Give them something to work towards.
Steps of F.I.G.H.T. Framework

Integrate them into the planning process.

Hold them accountable.

Find out where they are.

Give them something to work towards.
Steps of F.I.G.H.T. Framework

Integrate them into the planning process.

Hold them accountable.

Find out where they are.

Give them something to work towards.

Turn Achievement into Celebration.
How do you Engage, Empower, and Educate?

- Find out where they are.
- Integrate them into the planning process.
- Give them something to work towards.
- Hold them accountable.
- Turn achievement into celebration.
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Questions?
"Without commitment you'll never start, without consistency you'll never finish."
~ Denzel Washington
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