

# RESOURCES FOR SUCCESS

## **Academic Advising Centers**

Ferguson College of Agriculture

136 Ag Hall/405.744.5395

Arts and Sciences

213 Life Sciences East/405.744.5658

Education and Human Sciences

101 Nancy Randolph Davis/405.744.5053

Engineering, Architecture and Technology

110 Engineering North/405.744.5276

Spears School of Business

155 Business/405.744.2772

University College Advising

214 Student Union/405.744.5333

OSU-Tulsa Academic Services

130 North Hall/918.594.8271

## **Tutoring & Academic Support**

### **LASSO**

021 Classroom Bldg/lasso@okstate.edu/405.744.3309

Provides free academic assistance through tutoring, success coaching, workshops, and more.

### **Writing Center**

440 SU/writingcenter@okstate.edu/405-744-6671

Offers expert help for effective writing strategies in any subject.

### **Mathematics Learning Success Center**

5th Floor Edmon Low Library/405-744-5818

Provides drop-in tutoring for 1000-2000 level math courses.

### **OSU-Tulsa Tutoring Services**

2302 Main Hall/918.594.8232

Provides assistance with writing and mathematics.

### **Diversity Academic Support/TRIO**

408 Whitehurst/diversity@okstate.edu/405.744.9154

Provides resources and opportunities for academic, social, and emotional growth.

### **Student Accessibility Services (Stillwater)**

Sereteen Wellness Center

accessibility@okstate.edu/405.744.7116

Offers academic support services to students with disabilities taking courses at OSU-Stillwater.

### **Student Accessibility Services (Tulsa)**

204 North Hall/osutaccess@okstate.edu/918.594.8354

Offers academic support services to students with disabilities taking courses at OSU-Tulsa.

All students will benefit by conferring with their advisor regularly. Need to know who your advisor is?

Log in to my.okstate.edu. Click on Self Service, then Student, then Student Profile.

Seek answers to your questions.

The OSU faculty and staff want you to be successful in your educational pursuits. If you have questions or concerns, seek help EARLY. We are here to assist you.

## **Equal Opportunity**

409 General Academic Building/405.744.7607

OSU is committed to maintaining a learning environment that is free from discriminatory conduct based on race, color, religion, sex, sexual orientation, gender identity, pregnancy, status as a parent, national origin, disability, age, family medical history or genetic information, political affiliation, military service, protected veteran status or other non-merit based factors. OSU does not discriminate on the basis of sex in its educational programs or activities.

## **Mental Health Resources**

Being a college student can be stressful. Adding a struggle with mental health can make school feel even more overwhelming, but we want you to know you are not alone.

Visit <https://wellness.okstate.edu/student-wellness/resources.html> for a list of resources available.

### **Basic Needs Assistance**

[ssc.okstate.edu/student-support/basicneeds](https://ssc.okstate.edu/student-support/basicneeds)

OSU has a wide range of partnerships, pantries, and resources to help students meet their basic needs.

Contact academics@okstate.edu with additional questions.