# **RESOURCES FOR SUCCESS**

# **Academic Advising Centers**

Ferguson College of Agriculture 136 Ag Hall/405.744.5395

Arts and Sciences 213 Life Sciences East/405.744.5658

Education and Human Sciences 101 Nancy Randolph Davis/405.744.5053

Engineering, Architecture and Technology 110 Engineering North/405.744.5276

> Spears School of Business 155 Business/405.744.2772

Office of Student Success First-Year and Exploratory Advising 103 Legacy Hall/405.744.5333

> <u>College of Professional Studies</u> 130 North Hall/918.594.8271

Seek answers to your questions. The OSU faculty and staff want you to be successful in your educational pursuits. If you have questions or concerns, seek help EARLY. We are here to assist you.

# Equal Opportunity

409 General Academic Building/405.744.7607

OSU is committed to maintaining a learning environment that is free from discriminatory conduct based on race, color, religion, sex, sexual orientation, gender identity, pregnancy, status as a parent, national origin, disability, age, family medical history or genetic information, political affiliation, military service, protected veteran status or other non-merit based factors. OSU does not discriminate on the basis of sex in its educational programs or activities.

# **Mental Health Resources**

Being a college student can be stressful. Adding a struggle with mental health can make school feel even more overwhelming, but we want you to know you are not alone.

Visit <u>https://wellness.okstate.edu/student-</u>

wellness/resources.html for a list of resources available.

# **Tutoring & Academic Support**

#### LASSO

021 Classroom Bldg/lasso@okstate.edu/405.744.3309 Provides free academic assistance through tutoring, supplemental instruction, workshops, and more.

#### Writing Center

440 SU/writingcenter@okstate.edu/405-744-6671 Offers expert help for effective writing strategies in any subject.

#### Mathematics Learning Success Center

5th Floor Edmon Low Library/405-744-5818 Provides drop-in tutoring for 1000-2000 level math courses.

#### OSU-Tulsa Tutoring Services

2302 Main Hall/918.594.8232 Provides assistance with writing and mathematics.

#### **Diversity Academic Support/TRIO**

408 Whitehurst/diversity@okstate.edu/405.744.9154 Provides resources and opportunities for academic, social, and emotional growth.

#### Student Accessibility Services (Stillwater)

Seretean Wellness Center accessibility@okstate.edu/405.744.7116 Offers academic support services to students with disabilities taking courses at OSU-Stillwater.

# Student Accessibility Services (Tulsa)

204 North Hall/osutaccess@okstate.edu/918.594.8354 Offers academic support services to students with disabilities taking courses at OSU-Tulsa.

All students will benefit by conferring with their advisor regularly. Need to know who your advisor is?

Log in to my.okstate.edu. Click on Self Service, then Student, then Student Profile.

# Basic Needs Assistance

https://campuslife.okstate.edu/studentsupport/basicneeds.html

OSU has a wide range of partnerships, pantries, and resources to help students meet their basic needs.

Contact academics@okstate.edu with additional questions.